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Age and Ageing, January 2021

## The My Active and Healthy Aging ICT platform prevents quality of life decline in older adults: a randomised controlled study

read more [1]

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2 September 2020 - My-AHA results in brief CORDIS - UE research results New system helps predict and prevent frailty [2]

The elderly are prone to frailty, but assessing risk and preventing deterioration is difficult. A new system identifies at risk patients and gives individual advice to support active and healthy ageing.

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## Links

- [1] http://www.activeageing.unito.it/en/publications
- [2] https://cordis.europa.eu/article/id/421962-new-system-helps-predict-and-prevent-frailty